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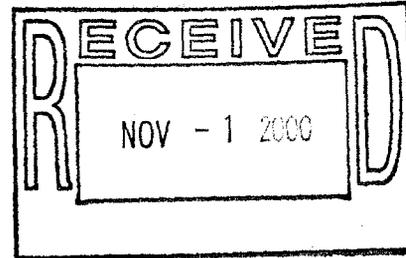
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October 31, 2000

Office of Nutritional Products, Labeling,  
and Dietary Supplements (HFS-800)  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
200 C Street, S.W.  
Washington, D.C. 20204



**NOTIFICATION OF STATEMENTS  
OF NUTRITIONAL SUPPORT**

On behalf of Starlight International, Monterey, California 93940, the undersigned files this notification pursuant to section 403(r)(6) of the Federal Food, Drug, and Cosmetic Act (FDC Act), 21 U.S.C. § 343(r)(6). The certification required by 21 C.F.R. § 101.93(a)(3) is attached.

**Brand name:** Psycles® Female Nutrient Support System

**Dietary ingredients:** vitamin B6, magnesium, chaste tree (*Vitex agnus-castus*) fruit extract, black cohosh (*Cimicifuga racemosa*) root extract, dong quai (*Angelica polymorpha*) root extract, dandelion (*Taraxacum officinale*) leaf extract, motherwort (*Leonurus cardiaca*) plant, ginger (*Zingiber officinalis*) root, quercetin, red raspberry (*Rubus idaeus*) leaf extract, stinging nettle (*Urticaria dioica*) leaf extract, spirulina.

**Statements of nutritional support:**

To help keep you balanced, vibrant, positive  
Chaste tree has been shown to help relieve anxiety and mood swings

975-0162

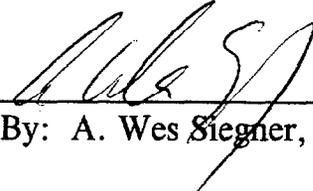
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HYMAN, PHELPS & MCNAMARA, P.C.

Dandelion leaf works to help reduce bloating  
Black cohosh root aids in the reduction of nervous tension  
Helps with the symptoms of PMS such as back pain, cramping, bloated feeling, mood  
swings and food cravings  
Helps with hot flashes and night sweats  
Regulate monthly cycles

Hyman, Phelps & McNamara, P.C.



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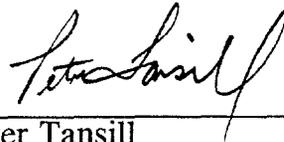
By: A. Wes Siegner, Jr.

AWS/SNR/dng

Attachment - Certification

21 C.F.R. § 101.93(a)(3) Certification

I certify that the information contained in the preceding section 403(r)(6) notice for the Psycles® Female Nutrient Support System Dietary Supplement is complete and accurate, and that Starlight International has substantiation that the statements are truthful and not misleading.



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Peter Tansill  
Director of Manufacturing  
Starlight International

October 30, 2000