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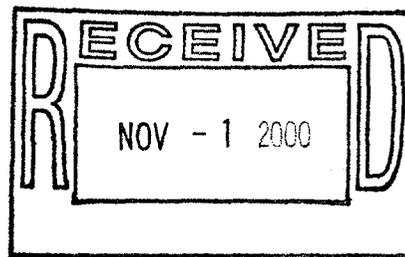
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October 31, 2000



Office of Nutritional Products, Labeling,
and Dietary Supplements (HFS-800)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street, S.W.
Washington, D.C. 20204

**NOTIFICATION OF STATEMENTS
OF NUTRITIONAL SUPPORT**

On behalf of Starlight International, Monterey, California 93940, the undersigned files this notification pursuant to section 403(r)(6) of the Federal Food, Drug, and Cosmetic Act (FDC Act), 21 U.S.C. § 343(r)(6). The certification required by 21 C.F.R. § 101.93(a)(3) is attached.

Brand name: Lullaby™ Nighttime Formula

Dietary ingredients: niacin, vitamin B6, calcium, magnesium, kava kava (*Piper methysticum*) root extract, valerian (*Valeriana officinalis*) root extract, lemon balm (*Melissa officinalis*) leaf, passion flower (*Passiflora incarnata*) plant, melatonin.

Statements of nutritional support:

Nature's own answer to relaxation and rest

To help you drift off to sleep when occasional distractions due to stress, physical discomfort or jet lag keep you from a good night's rest

995-0162

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Office of Nutritional Products, Labeling,
and Dietary Supplements
October 31, 2000
Page 2

HYMAN, PHELPS & MCNAMARA, P.C.

To gently place you in a calm, relaxed state so that your body's own sleep mechanisms
can lead you into a night of peaceful rest
Kava kava which helps induce a feeling of calm
Valerian root which helps to relieve stress
Lemon balm herb helps to create a feeling of relaxation and a mild sense of well-being
Passion flower herb alleviates tension and daily worries
To help give you a great night's sleep

Hyman, Phelps & McNamara, P.C.



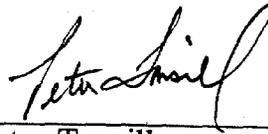
By: A. Wes Siegner, Jr.

AWS/SNR/dng

Attachment - Certification

21 C.F.R. § 101.93(a)(3) Certification

I certify that the information contained in the preceding section 403(r)(6) notice for the Lullaby™ Nighttime Formula Dietary Supplement is complete and accurate, and that Starlight International has substantiation that the statements are truthful and not misleading.



Peter Tansill
Director of Manufacturing
Starlight International

October 30, 2000