

FITNESS LABS™  
NUTRITION CORPORATION

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October 25, 2000

Linda S. Kahl, Ph.D.  
Office of Special Nutritionals (HFS-450)  
Center of Food Safety and Applied Nutrition  
Food and Drug Administration  
200 "C" St. S.W.  
Washington, D.C. 20204

Dear Dr. Kahl:

Fitness Labs Nutrition Corporation wishes to notify the Food and Drug Administration that it has, within the past 30 days, commenced marketing a dietary supplement which bears a statement under Section 403(r)(6) of the Federal Food, Drug and Cosmetic Act.

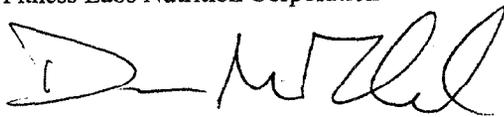
The dietary supplement for which the statement is made is Chitosan. The dietary ingredient that is the subject of the statement is Chitosan. The statement reads as follows.

"Natural fiber that binds to dietary fat." "Chitosan Fat Binder is the perfect complement to your weight management program. Derived from chitin, found in shellfish, chitosan is a completely natural form of dietary fiber that acts as a fat inhibitor by binding itself to dietary fat and making it less absorbable in the body. Our premium chitosan undergoes a unique molecular modification called deacetylation, which dramatically improves its fat binding abilities over inferior grades of chitosan."

These statements are accompanied by the required disclaimer which is prominently displayed in bold-faced type.

This information contained in this notice is complete and accurate and the above statement is based on data which renders these statements substantiated, truthful and non-misleading.

Sincerely,  
Fitness Labs Nutrition Corporation



Daniel R. McFarland  
President

995-0162

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