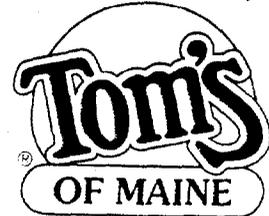
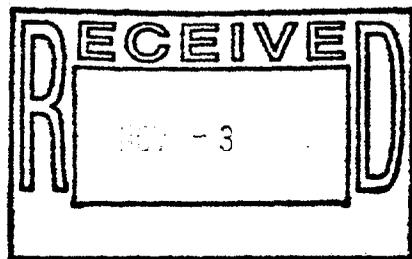


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Office of Special Nutritionals (HFS-450)  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
200 C Street, SW  
Washington, D.C. 20204



October 31, 2000

This letter is intended to serve as official notification that Tom's of Maine, P.O. Box 710, Kennebunk, ME has begun to market the following dietary supplement products bearing statements of nutritional support as indicated:

Product name	Dietary supplement	Statement of nutritional support
Liquid American Ginseng Low alcohol	Extract of <i>Panax quinquefolius</i> L. root	"revitalizer in an active lifestyle" or "to revitalize you in your active lifestyle"
Liquid Siberian Ginseng Low alcohol	Extract <i>Eleutherococcus senticosus</i> Maxim. root	"revitalizer in an active lifestyle" or "to revitalize you in your active lifestyle"
Liquid Valerian Low alcohol	Extract of <i>Valeriana officinalis</i> L. root	"for the relief of occasional sleeplessness"
Liquid Vitex Low alcohol	Extract of <i>Vitex agnus-castus</i> L. berry	"support for women's premenstrual cycles"
Liquid Echinacea (low alcohol)	Extract of <i>Echinacea purpurea</i> (L.) Moench and <i>E. angustifolia</i> DC. roots	"supports the immune system"
Liquid Echinacea (no alcohol)	Extract of <i>Echinacea purpurea</i> (L.) Moench and <i>E. angustifolia</i> DC. roots	"supports the immune system"
Liquid Echinacea & Goldenseal (low alcohol)	Extract of <i>Echinacea purpurea</i> (L.) Moench root & <i>Hydrastis canadensis</i> L. root	"supports the immune system"
Liquid Echinacea & Goldenseal (no alcohol)	Extract of <i>Echinacea purpurea</i> (L.) Moench root & <i>Hydrastis canadensis</i> L. root	"supports the immune system"

*Cid K. Aylor*

10/31/00

Group Team Leader, Product Research & Development

Date

975-0162

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Lafayette Center P.O. Box 710 Kennebunk, Maine 04043-0710 USA Tel. (207) 985-2944 Fax (207) 985-2196