

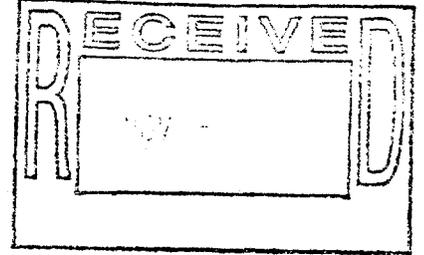


90 Orville Drive, Bohemia, NY 11716-2510 ■ Phone: (631) 567-9500 ■ Fax: (631) 218-7480

7 6 8 1 '00 DEC -1 A7:18

October 23, 2000

Office of Special Nutritionals
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street, SW (HFS-450)
Washington, D.C. 20204



Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Borage Oil 500 mg and Borage Oil 1,000 mg supplements under one or more of the following brand names: American Health, Body Fortress, Good 'N Natural, Health's Finest, Heartland, Hudson, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, Precision Engineered, Puritan's Pride, US Nutrition, Vitamin World:

- Borage Oil, a vegetable oil derived from a blue-flowering plant (*Boragoofficinalis*) is one of the few sources of Gamma-Linolenic Acid.
- Gamma-Linolenic Acid is a precursor to prostaglandins, action-specific biomolecules that regulate many important functions in cells.
- Borage Oil also contains the essential fatty acid, Linoleic Acid (Omega-6).
- Essential fatty acids cannot be made by the body and must be obtained from diet.
- These nutrients play key structural roles in cell membranes.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Ona Scandurra, MS, RD
Director of Nutrition Communications

OS/ab

975-0162

LE+6157
73176