

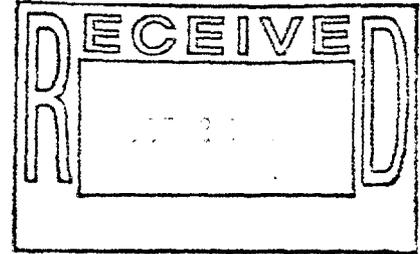


90 Orville Drive, Bohemia, NY 11716-2510 ■ Phone: (631) 567-9500 ■ Fax: (631) 218-7480

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October 23, 2000

Office of Special Nutritionals
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street, SW (HFS-450)
Washington, D.C. 20204



Dear Sir or Madam:

This letter will serve as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Phosphatidylserine Complex with Ginkgo Biloba supplement under one or more of the following brand names: Good 'N Natural, Puritan's Pride, Vitamin World:

- Phosphatidylserine Complex with Ginkgo Biloba is perfect for mild memory problems associated with aging.
- Phosphatidylserine (PS) plays a role in neurotransmissions and supports cognitive function.
- Ginkgo Biloba helps improve memory.
- PS supports brain function.
- Ginkgo Biloba supports circulation.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Ona Scandurra, MS, RD

Director of Nutrition Communications

OS/ab

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