



SECTION SEVEN

SUMMARY

As referenced in the clinical studies and scientific documentation provided in Section 6, including the expert review by Dr. DiSilvestro, the use of zinc carnosine at a level of 75 mg per day is extremely safe in supplying 17-18 mg of zinc on a daily basis. This amount of zinc is well within the tolerable upper intake level of 40 mg of zinc for adults. While intakes of large doses of zinc can detrimentally affect the copper status of the body, zinc carnosine, even at a very high level of use, is shown to be safe. Zinc carnosine, as clinically studied in Japan at higher therapeutic levels of use, was demonstrated to be safe for human consumption. Based on long term use of both components of zinc carnosine and the safety studies submitted in Section 6, the distributor of zinc carnosine considers this documentation to provide a reasonable basis for its being considered safe for use. The distributor of zinc carnosine will recommend its use only as a dietary source of zinc for proper diet supplementation.