

NATURE'S LIFE®

"QUALITY YOU CAN TRUST"

LOCAL (714) 379-6500
FAX (714) 379-6501
USA (800) 854-6837



4648 '99 FEB -9 P2:23

M.K. HEALTH FOOD DISTRIBUTORS, INC. 7180 LAMPSON AVE. • GARDEN GROVE, CA 92841-3914 • USA

Dr. Elizabeth A. Yetley, Ph.D., Director
Office of Special Nutritionals - HFS-450
United States Food & Drug Administration
200 C Street SW, Washington, D.C. 20204



January 28, 1999

Notice of a 403(r)(6) Statement -
Multiple Statements and Single Ingredient

Dr. Yetley,

This letter serves notice that M.K. Health Food Distributors, Inc., dba Nature's Life, located at 7180 Lampson Avenue, Garden Grove, California, 92841, U.S.A. is marketing a dietary supplement whose label bears 403(r)(6) statement as follows:

Natural Menopause Support
Menopause Formula

It may significantly help to reduce "hot flashes" and other feelings of discomfort experienced by some women during menopause caused by fluctuating hormone levels.

Phytoestrogenic compounds in Black Cohosh root extract are effective at binding to estrogen receptors.

These compounds reduce the secretion of luteinizing hormone (LH) which is associated with menopausal hot flashes.

Black Cohosh Root Extract is the dietary ingredient that is the subject of these statement and Menopause Formula is the name of the dietary supplement that is the subject of these statements.

Regards & Health,

A handwritten signature in black ink, appearing to read "Karl Riedel".

Karl Riedel

encl: Two Copies of this Notice

cc: M.K., C.M., K.C.

97S - 0162

Also see docket 97S-0163

LET 2955