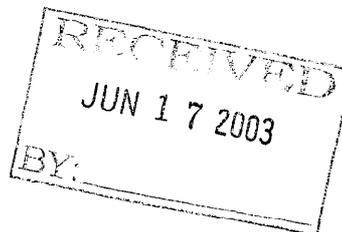


Goen Technologies Corporation
8 Ridgedale Avenue
Cedar Knolls, NJ 07927

NOTICE OF STATEMENTS UNDER 21 U.S.C. 403(r)(6)

To: SECRETARY OF HEALTH AND HUMAN SERVICES
The Division of Dietary Supplement Programs
Office of Nutritional Products, Labeling and Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration,
5100 Paint Branch Parkway, College Park, MD 20740-3835 USA



Date: May 29 2003.

Re: This Notice covers the following Brand(s): **TrimSpa Completely Ephedra Free™**
TrimSpa® is a registered Trademark of the Goen Group.

PLEASE TAKE NOTICE under 21 U.S.C. 403(r) (6):

(i) The name and address of the manufacturer, packer, or distributor of the dietary supplement that bears the statement(s): **Goen Technologies Corporation (Trade name: TrimSpa Corporation) 8 Ridgedale Avenue, Cedar Knolls, NJ 07927.**

(ii) The text of the statement that is being made: see attached Exhibit A.

(iii) The name of the dietary ingredients or supplements that are the subject of the statement: see attached Exhibit A.

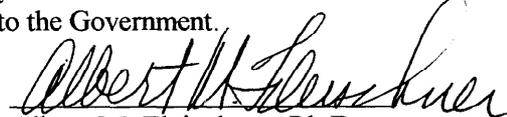
(iv) The name of the dietary supplement(s) (including brand name), if not provided in response to paragraph (a)(2)(iii) on whose label, or in whose labeling, the statement appears: see attached Exhibit A.

CERTIFICATION

The undersigned, being duly authorized by the firm submitting the above Notice of Statements under 21 U.S.C. 403 (r) (6) certifies, as of the date first written above: (a) that the information contained in the Notice is complete and accurate, and (b) that the notifying firm has substantiation that the Statement(s) to which this Notice applies is truthful and not misleading.

The undersigned certifies that the above Certification is true and is aware that the undersigned is subject to punishment as for perjury if the Certification is willfully false. This Certification is made under 18 USC 1001 which makes it a crime to submit false information to the Government.

Prepared by:
Ralph Fucetola JD


Albert M. Fleischer, Ph.D.
Chief Operating Officer
TrimSpa Corporation

97S 0162

LET

12 086

84720

NOTICE OF STATEMENTS UNDER 21 U.S.C. 403(r)(6)
Exhibit A

1. Brand Name(s) Included herein: **TrimSpa Completely Ephedra Free™**

2. Dietary Ingredients or Supplements Included herein:
 - a. Chromium
 - b. Vanadium
 - c. Glucomannan
 - d. Sodium carboxymethylcellulose
 - e. Citrus naringinine
 - f. Glucosamine HCl
 - g. Cocoa extract
 - h. Green Tea Extract
 - i. Hoodia *gordonii*

3. Statements Made with regard to each Ingredient:

a. **Chromium** – Chromium is an important nutrient in maintaining normal blood sugar (when normal) and controlling sugar cravings, and contains a wide variety of benefits. Chromium helps insulin metabolize fat, convert protein into muscle, and convert sugar into energy, thereby encouraging weight loss and increasing lean body mass. Chromium is essential for the metabolism of glucose into energy. Chromium deficiency can trigger a craving for sweets. Research suggests that chromium supplementation can cause improvements in fat-burning.

b. **Vanadium** – Vanadium has several physiological insulin-like effects, making it likely to offer positive support to carbohydrate metabolism and weight loss. Vanadium may also inhibit appetite and curb cravings. The decrease in body weight caused by vanadium can be largely ascribed to less food intake caused by taste aversion and a possible effect at the appetite center.

c. **Glucomannan** – Glucomannan is a dietary fiber derived from the root of the Amorphophallus Konjac. Fiber-containing foods assist in weight loss by creating a feeling of satiety. Glucomannan is an extremely beneficial form of fiber in that only small amounts are needed to create a feeling of fullness.

d. **Sodium carboxymethylcellulose** – Sodium Carboxymethylcellulose helps fill the stomach and encourages a sense of satiety. It acts as a nontoxic, indigestible, unabsorbable, hydrophilic gel.



- e. **Citrus naringinine** – Naringinine is a powerful citrus extract that aids in weight loss. Naringinine curbs the appetite and acts as a source of soluble fiber. It is also an antioxidant that prevents damage by free radicals in the body. As a citrus flavonoid, naringinine has been shown to inhibit cytochrome P450 enzymes; excessive amounts are associated with obesity. Leptin, a hypothalamus hormone, is involved in appetite control, weight management, and lowering the levels of CYP450. A hormone from the thyroid gland, throxine, is involved in fat breakdown and metabolism. Research indicates a 60-80% reduction in CYP450 when throxine is increased.
- f. **Glucosamine HCl** – Glucosamine is a unique, patented ingredient that delays the effect of insulin in the body, allowing fat to be burned instead of stored, supporting weight loss. Glucosamine inhibits the effect of insulin without significant adverse reactions. When used as directed, glucosamine is safe and promotes weight loss.
- g. **Cocoa extract** – Cocoa is a methylxanthine, in the same class of compounds as caffeine and theophylline. Methylxanthines occur naturally in about 60 different plants such as cocoa, tea, and coffee. Theobromine is the predominant methylxanthine in cocoa beans. It affects humans in a similar way as caffeine, but on a smaller scale. Theobromine has been employed as a diuretic because its action on the kidneys is longer-lasting than other xanthines. It acts by inhibiting reabsorption in the renal tubules. Cocoa extract is safe and practically free of toxicity.
- h. **Green Tea Extract** – Green tea has thermogenic properties, promotes fat oxidation, and plays a role in the control of body composition via sympathetic activation of thermogenesis, fat oxidation, or both. Epigallocatechin gallate from green tea polyphenols supports reduced food intake and body weight; it may interact specifically with a component of a leptin-independent control pathway. Green tea extract is bioflavonoid-rich and potent. The polyphenols in green tea, especially the catechin component, offer antioxidant activity to fight free radicals.
- i. **Hoodia gordonii** – *Hoodia gordonii* is a novel appetite suppressant that has been used for years by the San tribesmen in South Africa to prevent hunger during hunting expeditions. It is extracted from the stem and root of all-natural plant material, the cactus *Hoodia gordonii*, and purified to create a potent appetite inhibitor. Its active agent limits appetite and increases the sense of satiety, thus supporting the reduction of total calorific intake and supporting weight loss.

General Claim on the Label:

Ephedra free appetite suppressant for people who choose not to use ephedra.

See Label for other ingredients, warning and disclaimer.

Copy of Label attached.

All rights reserved.

